

TAKE HEART

A Conversation in Poetry

*Edited & Introduced by Wesley McNair,
Maine Poet Laureate*

Who knew cement trucks are our alter egos? With a combination of whimsy and seriousness that is characteristic of his work, today's poem by the late Maine poet Richard Aldridge explains.

The Red and Green Cement Truck

by Richard Aldridge

rumbles by to where it's going, while
 at an incline on the bed and
at right angles to the wheels
 its mixer, shaped
 like a big cocktail shaker, turns
upon an axis slowly, slowly,
 blending the cement and water.

It is a feat as neat as
pat-your-head-and-rub-your-belly
 but what I like still better is
 to see in it
 ourselves, we who do best
to use our heads for mulling, mixing
 while with our feet
 we keep on trucking.

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